

**Full Ridge Northbound**

**Team Alameda Rides**

*Fairmont Redwood Pinehurst Grizzly Arlington Climbs*

80 Miles 5250 Feet of Climbing

<b>Leave</b>	<b>Leave Alameda via</b>
	Bay Farm Bike Bridge
L	Doolittle
L	Farallon Dr
R	Wickes Blvd
L	Lewelling
L	Farnsworth St
X	Highway 880 (over)
C	Floresta Blvd
C	Halcyon
C	Fairmont
X	Highway 580 (over) Regroup at Top
C	Lake Chabot Road
L	Quail Ave
C	Walnut Road
R	Proctor Road
L	Redwood Road
	Regroup at Marciel Road
C	Redwood Road
R	Pinehurst
R	Skyline Road
Rest	Sibley Volcanic (water)
R	Grizzly Peak Blvd
R	Wildcat Canyon
Rest	Island Rest (water)
C	Wildcat Canyon
L	San Pablo Dam Road

<b>Before</b>	<b>Highway 80</b>
L	Amador St (careful!)
L	McBryde Ave
R	Arlington Blvd
L	Westminister Ave
R	Kenyon Ave
R	Purdue Ave
L	Beloit Ave
R	Grizzly Peak Blvd
X	Spruce/Wildcat Canyon
R	Euclid Ave
L	Le Conte
R	La Loma Ave
C	Gayley Road
C	Piedmont
C	Warring St
L	Derby St
R	Belrose
C	Claremont Blvd
X	Ashby Ave
C	Claremont Ave
L	College Ave
F/R	Broadway
L	Pleasant Valley Road
C	Grand Ave
Return	to Alameda via
	Embarcadero and
	Park St. Bridge

**Full Ridge Southbound**

**Team Alameda Rides**

*Euclid, Arlington, Wildcat Canyon, Grizzly, Redwood Climbs*

?? miles ???? Feet of Climbing

<b>Leave</b>	<b>Leave Alameda via</b>
	Park Street Bridge
L	Around 7-11
C	Kennedy St
L	Embarcadero
C	East St
C	Oak St
C	Lakeside
C	Harrison
R	Grand Ave
C	Pleasant Valley Road
R	Broadway
L	College Ave
R	Claremont Ave
X	Ashby Ave
F/L	Claremont Blvd
C	Belrose
L	Derby St
R	Warring St
F/L	Piedmont
C	Gayley Road
C	La Loma Ave
L	Le Conte Ave
R	Euclid Ave
	Regroup at GP Blvd
L	Grizzly Peak Blvd
X	Wildcat Canyon Road
C	Grizzly Peak Blvd
L	Beloit Ave
R	Purdue Ave
L	Kenyon Ave
L	Westminister

R	Arlington Blvd
L	McBryde Ave
R	Amador St
R	San Pablo Dam Road
R	Wildcat Canyon
L	Grizzly Peak Blvd
X	Fish Ranch/Claremont
L	Skyline
Rest	Sibley Volcanic (water)
C	Skyline
C/L	Skyline
L	Redwood Road
R	Proctor Road
L	Walnut Road
C	Quail Ave
R	Lake Chabot Road
C/R	Lake Chabot Road
C	Estudillo
X	E.14th St.
	Into Shopping Mall
L	Hays St.
R	Williams
X	Highway 880 (over)
R	Doolittle
Return	to Alameda via
	Doolittle and
	Bay Farm Bike Bridge