

PAL-S
Team Alameda Rides
Palomares-South Route

60 miles ??? Feet of Climbing

Leave	Leave Alameda via
	Bay Farm Bike Bridge
L	Doolittle
L	Farallon Dr
R	Wickes Blvd
L	Lewelling
R	Washington
C	Via Alamitos
L	Bockman
R	Hesperian
X	Highway 92 (over)
C	Union City Blvd
L	Alameda Creek Bike Path*
L	Mission Blvd
Rest	7-11 Store
R	Niles Canyon Road
L	Palomares Road
L	Paloverde Road
L	E. Castro Valley Blvd
X	Highway 580 (under)
C	E. Castro Valley Blvd
R	Lake Chabot Road
For	More Climbing, see right
R/C	Lake Chabot Road
C	Estudillo
X	E. 14th St
L	Washington
R	Williams
C	Highway 880 (over)
R	Doolittle
Return	to Alameda

* Alameda Creek Bike Path starts @ 21 - 22 miles
 Allow 2 hours to start of Palomares Climb

?	Miles ??? Feet of Climbing
	Harder Return
R	Lake Chabot Road
R	Quail Road
C	Walnut Road
R	Proctor Rd
L	Redwood Road
R	Skyline Road
C	Joaquin Miller Road
X	Highway 13 (over)
L	Monterey Blvd
R	Redwood Road
C	35th Ave
R	San Leandro St.
L	Fruitvale
Return	to Alameda over
	Fruitvale Bridge

PAL-N
Team Alameda Rides
Palomares-North Route

? miles ??? Feet of Climbing

Leave	Leave Alameda via
	Bay Farm Bike Bridge
L	Doolittle
L	Farallon Dr
R	Wickes Blvd
L	Lewelling
L	Farnsworth
X	Highway 880 (over)
C	Floresta Blvd
C	Halcyon
C	Fairmont
X	Highway 580 (over)
C	Lake Chabot Road
L	E. Castro Valley Blvd
X	Highway 580 (under)
R	Paloverde Road
R	Palomares Road
R	Niles Canyon Road
L	Mission Blvd
Rest	7-11 or Taco Stand
R	Alameda Creek Bike Path
R	Union City Blvd
C	Hesperian
X	Highway 92 (over)
C	Hesperian
L	Bockman
R	Via Alamitos
C	Washington
L	Lewelling
R	Wickes Blvd
L	Farallon Dr
R	Doolittle
Return	To Alameda via
	Bay Farm Bike Bridge

PAL-FH
Team Alameda Rides
Palomares-Dublin Cyn-Sunol

67 miles 2906 Feet of Climbing

Leave	Leave Alameda via
	Bay Farm Bike Bridge
L	Doolittle
L	Farallon Dr
R	Wickes Blvd
L	Lewelling
L	Farnsworth
X	Highway 880 (over)
C	Floresta Blvd
C	Halcyon
C	Fairmont
X	Highway 580 (over)
C	Lake Chabot Road
L	E. Castro Valley Blvd
X	Highway 580 (under)
C	Dublin Canyon Road
R	Foothill Road
L	Kilkare Road
Rest	Downtown Sunol
R	Main Street
C	Niles Canyon Road
R	Palomares Road
L	Paloverde Road
L	E. Castro Valley Blvd
X	Highway 580 (under)
C	E. Castro Valley Blvd
R	Lake Chabot Road
R/C	Lake Chabot Road
C	Estudillo
X	E. 14th St
L	Washington
R	Williams
C	Highway 880 (over)
R	Doolittle
Return	to Alameda