

# East Bay Hills Death Ride (courtesy <http://inl.org/bicycle/deathride.html>)

Marin St, South Park Dr, Centennial Dr, El Toyona/Lomas Cantadas, Claremont Ave

70 mi / 7000 feet of climbing

|         |                        |
|---------|------------------------|
| Leave   | Alameda via the        |
|         | Park Street Bridge     |
| L       | Around 7-11            |
| C       | Kennedy St             |
| L       | Embarcadero            |
| C       | East St                |
| C       | Oak St                 |
| C       | Lakeside               |
| C       | Harrison               |
| R       | Grand Ave              |
| C       | Pleasant Valley        |
| R       | Broadway               |
| L       | College Ave            |
| X       | Highway 24 (under)     |
| C       | College Ave            |
| Ride    | Campus Paths through   |
|         | UC Berkeley            |
| L       | Hearst                 |
| R       | Oxford                 |
| L       | Rose                   |
| R       | Shattuck               |
| C/L     | Henry St               |
| C       | Sutter St              |
| R       | Del Norte St           |
| R       | Marin St               |
|         | Wicked Climb (30% max) |
| L       | Grizzly Peak Blvd      |
|         | Bailouts:              |
| L       | Spruce St              |
| L       | Euclid Ave             |
| Regroup | GPB and Wildcat Canyon |

## The Climbs

|                          |       |           |
|--------------------------|-------|-----------|
| Marin St                 | mi.   | feet gain |
| South Park Drive         | 1     | 623       |
| Centennial Drive         | 1.4   | 656       |
| El Toyona/Lomas Cantadas | 2     | 840       |
| Claremont Ave.           | 2.8   | 1128      |
|                          | 2     | 918       |
|                          | <hr/> | <hr/>     |
|                          | 9.2   | 4165      |

|     |                                  |
|-----|----------------------------------|
| R   | Wildcat Canyon                   |
|     | Water Stop at Island Picnic Area |
| R   | South Park Drive                 |
|     | Wicked Climb (15% Grade)         |
| R   | Grizzly Peak Blvd                |
| L   | Euclid Ave                       |
| L   | Hearst Ave                       |
| R   | Gayley Road                      |
| L   | Stadium Rim Way                  |
| L   | Centennial Drive                 |
|     | Climb #3 (11% Grade)             |
| X   | Grizzly Peak Blvd                |
| C   | Golf Course Drive                |
| R   | Shasta Road                      |
| R   | Wildcat Canyon Road              |
| R   | SPD/Camino Pablo                 |
| R   | El Toyona                        |
|     | Climb #4 (15% Grade)             |
| L   | Vista Del Orinda                 |
| L   | Las Piedras                      |
| F/R | Lomas Cantadas                   |
| L   | Grizzly Peak Blvd                |
| X   | Fish Ranch/Claremont             |
| C   | Grizzly Peak Blvd                |
| R   | Skyline/Tunnel Road              |
| R   | Caldecott Lane                   |
| C   | Tunnel Road                      |
| R   | Domingo Ave                      |
| R   | Claremont Ave                    |
|     | Climb #5 (15% Grade)             |

|                         |                      |
|-------------------------|----------------------|
| Easiest Return          |                      |
| U                       | @ Grizzly Peak Blvd  |
| C                       | Claremont Ave        |
| X                       | Ashby Ave            |
| C                       | Claremont Ave        |
| L                       | College Ave          |
| F/L                     | Broadway             |
| L                       | Pleasant Valley Road |
| C                       | Grand Ave            |
| Return to Alameda along |                      |
|                         | Embarcadero and      |
|                         | Park St. Bridge      |